

2018 Schools Ability Meet

Ed Jeske Rink at the Multiplex

December 1 (Saturday) from 7:45 am – 4:00 pm



About the Meet

- Skaters are grouped with those of similar skating level. Improving personal best times and gaining race experience is the goal for this first meet of the season.
- Skaters aged 5 and under (on or before June 30, 2018) are in the Rocket category and skate only at lunch. Skaters aged 6 and up race all day.
- *All skaters must wear the required gear or they will not be permitted to race.* This includes helmets, non-tinted safety glasses with a strap, knee/shin pads, neck guards, cut-proof mittens or gloves and cut-proof suits, depending on your skate level. Check your gear carefully and confirm with your coach if you have any questions as to what your skater needs to wear.
- **Registration fee is \$20 (Rockets are FREE!).** Cash, cheque payable to the Yellowknife Speed Skating Club or e-transfer to ykspeedskating@gmail.com at the time of registration.
- **Deadline to register is November 16 (Friday).** Submit your registration form to ykspeedskating.regs@gmail.com. Late registrations will be charged \$40.

Volunteers are needed to make this event happen!

Lots of on-ice and off-ice volunteers and officials are needed to run an event like this, including but not limited to the following:

- **~30+ officials (most typically require advance training):** referees (2), track stewards (3-4), lap counter (1), starters (1), timers (6), place judges (4), clerks of the course (3+), recorders (2), certificates (2), runners (3+), water assistance (2-4), announcer (1), medical first responders (2).
- **~5 volunteers for organizing committee (no experience necessary):** advance planning, food for officials/volunteers, race program, prizes or awards, etc
- **~10 volunteers for event set-up/take-down on event day (no experience necessary):** registration desk/helmet cover assignment, tables, crash mats, timer box set-up, handing out door prizes/awards, announcer provided notes/racer names/helmet #s

Please indicate on the registration form if you can help out or email us at ykspeedskating@gmail.com

Meet Schedule - Saturday December 1, 2018

7:15 am	Venue set-up by volunteers.
7:45 am	Helmut cover pickup. Be sure to arrive on time.
8:10 – 8:40 am	On-ice warm-ups. A 10-minute skate by three groups (according to skater levels – oldest first). Make sure your skater has their gear on promptly following registration check-in.
9:00 – 3:30 pm	Races
12 noon*	Rocket Skate
3:30 – 4:00pm	Venue take-down by volunteers

*A lunch break will occur as designated by the Referee.

Skaters will be assigned to dressing rooms according to group designations and will be posted at the rink:

- Competitive
- L2T (9-11 yrs old – SS3)
- Other L2T and FUNdamentals (SS1 & SS2)
- FUNdamentals <9 yrs old (SS1)