



2016 YK Schools Ability Meet

Saturday, December 3, 2016 (7:45am-4pm)

Multiplex Ed Jeske Rink

About the Meet:

- Skaters are grouped with those of similar skating level. Improving personal best times and gaining race experience is the goal for this first meet of the season.
- **Skaters aged 5 and under (on or before June 30, 2016) are in the Rocket category and skate only at lunch. Skaters aged 6 and up race all day.**
- *All skaters must wear the required gear or they will not be permitted to race.* This includes helmets, safety glasses, knee/shin pads, neck guards, cut-proof mittens or gloves and cut-proof suits, depending on your skate level. Check your gear carefully and confirm with your coach if you have any questions as to what your skater is required to wear.
- **Registration fee is \$15 (Rockets are FREE!)** - cash or cheque payable to the Yellowknife Speed Skating Club.
- **Deadline to register is November 16 (Wednesday).** Submit your registration form and fee to your coach (for LTS and SS1) or to Jody Pellissey (SS3), Myra Bowerman (Comp) or Martin Rourke (Comp). Alternatively drop off to 4805 Hershman Rd (Karin Clark)

Volunteers are needed to make this event happen!

Lots of on-ice and off-ice volunteers and officials are needed to run an event like this, including but not limited to the following:

- **~30+ officials (most typically require advance training):** referees (2), track stewards (3-4), lap counter (1), starters (1), timers (6), place judges (4), clerks of the course (3+), recorders (2), certificates (2), runners (3+), water assistance (2-4), announcer (1), medical first responders (2)
- **~5 volunteers for organizing committee (no experience necessary):** advance planning, food for officials/volunteers, race program, prizes or awards, etc
- **~10 volunteers for event set-up/take-down on event day (no experience necessary):** registration desk/helmet cover assignment, tables, crash mats, timer box set-up, handing out door prizes/awards, announcer provided notes/racer names/helmet #s

Please indicate on the registration form or contact the Club to help out!
(ykspeedskating@gmail.com)

Please refer to our website for more information www.ykspeedskating.com



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REGISTRATION & VOLUNTEER FORM

Skater's Name: _____

Phone: _____ Skater's Age: _____ Date of Birth _____
(as of June 30, 2016)

Speed Skate Group (check one):

LTS: _____ SS1: _____ SS2: _____ SS3: _____ Competitive: _____

400m or 500m seed time _____

Volunteer Name(s): _____ email: _____

Preferred Position(s): _____

NO EXPERIENCE NECESSARY for volunteer positions.

SKATER WAIVER:

I hereby, for myself, executors, administration and assigns, waive and release any and all rights and claims for damages I may have against the Yellowknife Speed Skating Club, the NWT Amateur Speed Skating Association and Speed Skating Canada, their agents, officers or members for any and all injuries suffered by me during practices and competitions organized by the Club or Association during the 2016-2017 season.

Parent's Name & Signature

Skater's signature (over 18 yrs)

Date

Submit your registration form and fee to your coach or to Jody Pellissey, Myra Bowerman, Martin Rourke or Karin Clark by Wednesday November 16, 2016.

Payment Received: Cash Cheque (payable to Yellowknife Speed Skating Club)