

## **YELLOWKNIFE SPEEDSKATING CLUB POLICY**

### **CHANGE ROOM + SUPERVISION GUIDELINES**

#### **PRINCIPLES**

The Yellowknife Speedskating Club ("the Club") recognizes the value in supporting a team spirit both on and off the ice.

The Club must provide a respectful environment for skaters and coaches to change into the appropriate sports attire.

The Club must provide optional gender-specific change room arrangements.

The Club must ensure adequate supervision of skaters when they are participating in Club programs/lessons:

- Parents of skaters have the primary role of supervising skaters immediately before or after the program/lesson and when the skaters leave the program/lesson at any point during instruction - this includes supervision of change rooms; and
- Coaches have the primary role of supervising skaters during actual coaching instruction either on the ice or during dry-land training.

#### **CHANGE ROOM ARRANGEMENTS**

All skaters are to be assigned clearly designated change rooms to change into appropriate sports attire for their program/lesson. Unless otherwise specified, change room arrangements shall be mixed gender, with optional change rooms designated to accommodate gender-specific changing requirements.

Coaches will identify change room requirements based on (1) the above-noted principles, (2) availability of suitable physical space, (3) composition of their program group (gender, age), and (4) requests or requirements that are brought to their attention. Coaches will also ensure that adequate supervision by both parents and coaches is in place for skaters during identified program times that is consistent with the above principles.

Primary and alternate change rooms shall have supervision by at least one adult, recognizing that gender-specific change rooms will require supervision by the same gender.

## **CHANGING GUIDELINES**

The following guidelines shall be used by all Club members when changing into the appropriate sport attire for Club programs/lessons.

1. All skaters will demonstrate respectful behavior towards other skaters at all times.
2. All skaters will wear age appropriate sportswear as undergarments.
3. Skaters will refrain from staring at others while they change clothing.
4. While changing their clothes, skaters will be discrete while disrobing and will put clothing back on as quickly and discretely as possible.
5. At no time will skaters walk about in the dressing room while in a state of semi-dress.
6. Coaches will monitor behavior and speak to any skater thought to be behaving in a disrespectful manner.
7. The Club will ensure the presence of adults of genders in attendance at all skating sessions as chaperones.
8. In the event of inappropriate behavior, the coaches or chaperones will discretely address the issue with the skater. If this action does not result in corrected behavior, the issue will be addressed with the skater's parents.
9. Skaters will only use change rooms clearly designated by coaches and supervised by chaperones.