

**NWT Amateur Speed Skating Association Presents:  
2018 NWT Speed Skating Championships**

March 9-11, 2018

Yellowknife Multiplex, Jeske Arena

### Registration Form and Entry Fees

- Complete the registration/waiver form for each skater
- Rockets Free, all other divisions \$45
- **Deadline** – submit registration/waiver forms to Myra Bowerman or Jody Pelligsey in person or by email at [ykspeedskating.regs@gmail.com](mailto:ykspeedskating.regs@gmail.com) by **February 27, 2018**. Payments can be made via cash, cheque (made to Yellowknife Speed Skating Club) or EMT (send to [ykspeedskating.regs@gmail.com](mailto:ykspeedskating.regs@gmail.com). Please use the password "yellowknife" and indicate the skater's name.)

***Late entries are not guaranteed participation. If participation is possible, the registration fee will be double.***

**Groupings** - Skaters will be ranked based on seed times, and groups will be selected based on these seed time rankings. This is a **modified ability meet**, meaning that skaters will race against boys and girls with similar seed times to their own.

### Equipment

- Rockets: ASTM F 1849 certified helmets or CSA approved helmets (those used for hockey, snowboard/ski and skateboarding only), cut resistant gloves or mitts and knee pads.
- Fundamentals: ASTM F 1849 certified helmets or CSA approved helmets (those used for hockey, snowboard/ski and skateboarding only), safety glasses with strap, bib-style neck guard, cut resistant gloves or mitts, knee pads, shin pads.
- All other skaters must wear the following protective equipment: ASTM F 1849 approved helmet, safety glasses with strap, bib-style neck guard, cut resistant gloves or mitts, knee pads, shin pads.
- Skaters T2T and older must wear a cut-resistant undersuit or cut-resistant skin suit.

### Awards

- Medals will be awarded after the completion of competition for each group.

**Schedule** – Tentative – may change slightly. Clubs will be notified.

Friday:

- Practice Ice for Out of Town Clubs: 5:00pm – 7:00pm
- Coaches Meeting: 7:00pm PSAV room, Multiplex.

Saturday/Sunday:

- 7:00AM Set-up
- 7:30AM Registration
- 8:00AM On-ice warm –ups begin.

### Volunteers – we need your help!

- Many officials and helpers are needed to put on this fun event. Please contact Martin Rourke at [martinrourke@theedge.ca](mailto:martinrourke@theedge.ca) if you can volunteer as an official or meet helper. Positions include: timers, place judges, lap counters, runners, clerks of course, on-ice track stewards.
- We need volunteers to help feed our meet volunteers! If you are able to make something, please contact Jody directly at [jlsnortland@gmail.com](mailto:jlsnortland@gmail.com) or call her at 445-4774 and tell her what you can bring.